

Audubon Discovery Camp

Outdoor Adventure

Over-Night Camp Out at Cool Spring

Parents do not stay for the overnight camp out. If you have your own tent, we encourage you to bring it as we have a limited number to share. If you do not have a tent, we will provide your child with one.

Packing List

- 2 T-shirts (1 to change into after canoeing, 1 for Friday)
- 2 pair of shorts (1 to change into after canoeing, 1 for Friday)
- 1 pair of pants
- 1-2 pairs of underwear
- 1 fleece/ sweater shirt
- Hiking Shoes/ Boots
- 1 pair of water shoes or **closed toed** shoes that can get wet
- 1-2 pair of socks
- Toothpaste/ Toothbrush/ Toiletries
- Towel
- Rain Jacket/ Waterproof clothing
- 2 Water Bottles
- Sun block
- Bug Spray
- Sleeping Bag
- Sleeping Pad (If you have one)
- Night Clothes/ Pajamas
- Pillow
- Comfortable shoes to wear at campsite
- Head lamp/ flashlight (optional)

Friday's Breakfast Menu

- Instant Oatmeal
- Bananas
- Apples
- Crunchy granola bars